Bold And Brave Day

Imagine that you could be bold and brave for a day.

What would to like to try, what would you like to discover, what would you like to see, where would you like to go, what would you like to learn to do?

Write down what's stopping you…

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Now imagine that you did what you wanted to do when you were bold and brave…
See what you saw, hear what you heard and feel how good you felt.
Now feel the fear and do it anyway – as that's what Can Do Kids do!

Draw a picture of what you did when you were bold and brave.