Your Magic Seed

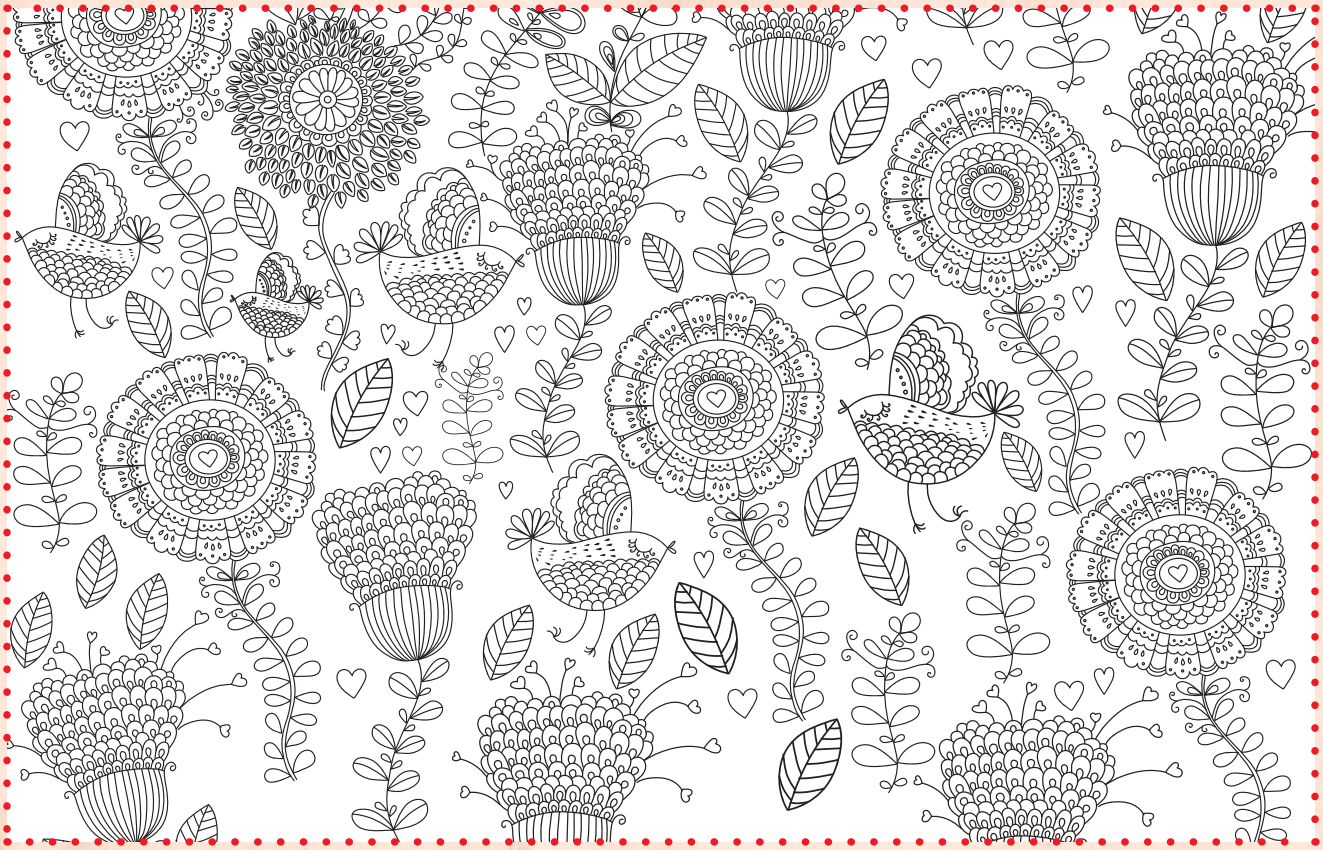
Imagine you've been given a magic seed.

It's very special.

It's very small, but it's very powerful.

Every day you water your magic seed and it grows very slowly, but very steadily.

As you water it very carefully you notice that it gives you courage, confidence and bravery so you enjoy watering it and watching it blossom and bloom.

So by doing your 'Can Do Kid' Journal every day you'll be creating your very own confidence habit that will last a lifetime – just like you magic seed.

Colour in your 'Can Do Kid' confidence garden.